



the COCONUT GROVE SAILING CLUB
serving the community since 1945

channel

March 2006

CGSC HOSTS NEW OLYMPIC SAILBOARDS FOR MIAMI OCR

The Coconut Grove Sailing Club played host to the new Olympic RS:X sailboards for the 2006 Miami Olympic Classes Regatta, January 23-27. This included both the men's and women's classes racing out on the Bay at "Course Alpha" as well as CGSC being the on-shore base for the boards. Fortunately for the competitors, Course Alpha, one of about six different racing areas on the Bay for the regatta, was relatively close-by, near the Quick flash marker.

A total of 40 men and 20 women competed, and hailed from 16 different countries!

CGSC Interim Manager Phil

Kellett had things organized on-shore,

with each competitor assigned a space on the first floor for storage of boards and rigs. Our Race Committee, headed by John Craig, Race Manager of the St. Francis Yacht Club in San Francisco, did a super job of running the races over the five days of competition. U.S. Sailing brought John in because of his previous experience with these new boards, and he was a pleasure for our RC crew to work with. No one at CGSC had even seen one of these boards before, and they did look very strange—shorter, thicker, and perhaps wider than the previous Mistral boards.

Ten races were completed, including the new format final "Medal" race on Friday, which only included the top 10 boats for the men and women. The balance of the fleet sailed in the consolation races that day. Sailing conditions



(continued on page 4)





2005 - 2006 Flag Officers

Commodore.....Andrea Stringos
 Vice Commodore David Kurtz
 Rear Commodore Marc Buller
 Secretary Susan Frye
 TreasurerJo-An Pszenny
 Fleet CaptainCharlie Rahn
 Fleet Chaplain Calvin Schofield
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 Jack Hamm, P.C. (06) Ann Platt (07)
 Stefan Krumbiegel (08) Janice Pruett (06)
 Mike Lovelady (07) Charles Rahn (06)
 Nick Martens (08) Mike Weber (07)

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 C-Gulls.....Anita Hanson, Krisan Lamberti
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 Channel EditorCherie Branning
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 Snipe Racing Gonzalo Diaz, Sr.
 UM Sailing CoordinatorCharles Rahn

Sailing Director.....Britt Price
 Club Manager..... Phil Kellett

Cover photo of Nick Voss and Andy Rahn at the U.S. Snipe Nationals by Fried Elliott.

COMMODORE'S REPORT

Please welcome new CGSC manager Hugh Stallings! Hugh comes to us after four and a half years as manager of the Pass Christian Yacht Club in Pass Christian, Mississippi. The Pass Christian Yacht Club, which was destroyed by Hurricane Katrina, had 860 members, several piers, boat storage docking, an active youth sailing program, and a heavy commitment to sailboat racing as evidenced by sailing programs in the Optimist Dinghy, Flying Scot and Snipe classes. Hugh will bring us extensive experience with all facets of club management including food and beverage and facility management, as well as a personal awareness of the dangers of hurricanes, which we hope will benefit the club in the long run.



Moorings Agreements

The club has thoroughly reviewed and re-drafted the moorings documentation. A new moorings license agreement was presented to the membership on January 25th. This agreement will replace all other moorings agreements and must be updated and signed every year. In addition to the moorings license agreement, the club is requiring a copy of the boat registration or documentation proving ownership of the vessel. All owners must be members of the CGSC. Proof of a minimum of \$300,000 in liability insurance must be presented each year as well, and the CGSC must be named as an additional insured. Finally, proof of towing insurance must be presented. These documents are required at most marinas, and are really part of a common sense approach to owning a boat these days, designed to protect you as well as your fellow boaters. If you have any questions about the new moorings license agreement, please direct them to the people who have worked so hard on these issues. These include Bill Beavers, Phil Kellett, David Kurtz, Deborah Mitchell, Vladimir Stroleny, Tom Septembre and Mike Weber. In addition, you may attend one of the club's monthly general membership meetings (fourth Thursday of the month at 7:30 p.m.) and direct questions to the flag officers.

Moorings License Agreements will be available in the dock office and a signed copy must be returned to the office.

Annual Rendezvous

Save the date for the club's annual rendezvous at Elliot Key on the April 1st week-end. This sixty year old club tradition is one of the family cruising highlights of the year. Rear Commodore Marc Buller is in charge of the event. The club provides food, beverages and launch boat service to and from your anchored boat to the island (boats with shallow drafts can dock inside the island's harbor.) More detailed information will be posted at the club as the date approaches.

Dog Policy

The board has voted in a "no dog upstairs" policy (with the exception of seeing eye dogs) following several unpleasant incidents at the club. Dogs on leashes are still welcome downstairs and on your boat, but please, no dogs upstairs! The quarters are really too tight and confining to allow dogs upstairs. We ask for your understanding in this matter.

Andrea Stringos, Commodore

Vice Commodore's Report

Well is everyone having fun dealing with insurance companies and putting their homes and boats back together? Boats are slowly coming back to the mooring field and replacement boats are on their way.

The club manager search team was fortunate to have numerous well-qualified applicants for the position. We were able to by-pass the print media classified ads and use the web. The search was narrowed to three very qualified applicants. We selected one with previous yacht club experience. He comes highly recommended. I believe that the glove has finally fit the hand. Many thanks for those who spent hours upon hours researching and interviewing the applicants.

On the racing front I have some interesting statistics for you. As of early February the BBYRA racing participation for One Design Classes and PHRF breaks down as follows by yacht club:

CGSC	76 registered or 49%
NO Club	30 registered or 19%
CRYC	25 registered or 16%
BBYC	12 registered or 8%
MYC	09 registered or 6%
KBYC	03 registered or 2%

Treasurer's Report

Spring is here! That means new beginnings . . .with our new Manager.with members who we have not seen in a while and are back for fun and camaraderie.

We welcome Sarah Rodriguez, our new Office Administrator. She is very capable and personable, a great asset to the club. (Do not worry, Jennifer Abell, our bookkeeper and rock of Gibraltar, is still with us.)

Fiscally speaking, we are getting control of our financial picture and things are looking up. Delinquencies are down. The Finance Committee is starting to put together next year's budget decidedly taking into account all the changes within the club this past year.

The Katrina Reimbursement Fee has been reduced from \$1000 to \$250. The new fee is the actual expense incurred through 12/31/05 prorated among the 85 affected members. This reduction does not completely absolve these members as future expenses may be incurred. A \$750 credit has been posted to the accounts the 85 members.

Do plan on coming down to our Annual Rendezvous for a great time, great food, and renewing old friendships. I have missed only one in 24 years. Hope to see you there.

Happy sails to you,

Jo-An Piszenny, Treasurer



As of the writing of the article another boat from CGSC has registered with BBYRA pushing the Sailing Club over the 50% mark. Congratulations to everyone supporting BBYRA and racing. Special recognition to the rebirth of the Juniors in the Laser fleet and all of the parents supporting them.

A web site completely dedicated to the Coconut Grove Waterfront Master Plan has been created to provide project information and allow for public input. Please visit: <http://projects.sasaki.com/coconutgrove>

*David Kurtz,
Vice Commodore*



Rear Commodore's Report

Please welcome your new Club Manager. The search committee interviewed several qualified applicants. Let's make him feel welcomed as he "learns the ropes" of our Club.

An important reminder! The Annual Rendezvous is coming soon – April 1st. Please sign up with the office if you plan to attend. Good food, drink and adventure await all. As usual we'll convene at Elliot Key, look for the tent. I'll be there Friday evening to welcome everyone.

Let cross our fingers for good weather and I'll see you on the Bay!

*Marc Buller,
Rear Commodore*



Kitchen Hours

Thursday

11:00am – 8:00pm

Friday & Saturday

11:00am- 9:00pm

Sunday

11:00am – 8:00pm



Thursday Night Special

New York Strip Steak Dinner

\$10.00 Between 6-8 PM

You need to call ahead to reserve yours.

varied throughout the week, from relatively light some days to windy on Thursday and very windy on the final day, Friday. If there is enough wind to plane, up to three races could be sailed in any one day. If not, the racers “pump” their boards around the course which is very physically demanding. Only two races per day can be sailed under these conditions.

The British have devoted considerable resources to Olympic sailing in recent years, and their efforts have been paying off. They did very well at the 2004 Olympics in Greece, and they won both the men’s and women’s divisions at Miami OCR. In the Men’s Division, Nick Dempsey of Great Britain won the regatta by a huge 27 point margin over Huguel Nicolas of France. The top U.S. man was Ben Barger, a 25 year old from St. Petersburg FL who finished 10th. In the Women’s Division, Byrony Shaw of Great Britain won the regatta by two points over Marina Alabau of Spain, with Lucy Horwood of Great Britain one point back in third. Nancy Rios of Cocoa FL was the top U.S. finisher, in 11th place.

On Friday, all the Medal Races were sailed on the same course. CGSC’s Course Alpha was host to the consolation divisions of the men’s and women’s boards, the 49ers and Finns. The Race Committee enjoyed the variety, although in the heavy breeze no women’s boards or Finns showed up. The 49ers were spectacular to watch, as well as the men’s RS:X boards under these conditions. One of the 49er competitors was “Shark” Kahn, son of software mogul and multi-class racer Philippe Kahn and his Pegasus Racing program.

CGSC Race Committee volunteers for the Miami OCR included Charlie and Cherie Branning and their “Upside” as Signal Boat, assistant PRO Ron Rostorfer, Mark Boat skipper Al Chapin with crews Dottie Rostorfer or John Degen, Pin Boat skipper Art Auwaerter with crews Carl Updyke or Dennis Jansma, and Signal Boat crew Bruce Schneider, Bill Beavers, Jo Ann Mathieu, and three relatives (or soon to be relatives!) of board fleet competitors. All in all, a very successful regatta, afloat and ashore. In fact, several of the competitors asked if they could come a few days early next year so they can practice!

Ron Rostorfer, RC Chairman





TOP TALENT!

The RS:X sailboards hosted by Coconut Grove Sailing Club for the Miami Olympic Classes Regatta included some of the best board sailors in the world. This is according to the just released world rankings by the ISAF.

In the Women's Division, the top three women board sailors in the world were the 1-2-3 finishers here at Miami OCR. They are, in order, Bryony Shaw of Great Britain, Marina Alabau of Spain and Lucy Horwood, also from Great Britain. Nancy Rios was the top USA finisher in the OCR at 11th place, and is also the top USA woman in the world rankings, also 11th.



Enjoying refreshments at CGSC after a day out sailing are Nick Dempsey (left), 2004 Olympic Bronze medalist from Great Britain and Mike Gebhardt (right), 1992 Olympic silver medalist from the USA.

On the men's side, OCR winner Nick Dempsey of Great Britain and France's runner up Nicolas Huguet rank 13th and 14th in the world. USA's top finisher in the OCR was Ben Barger in 10th place. He is ranked 27th in the world, the highest ranking American.

All in all, quite a distinction for our little club to host these top ranked competitors!

Race Committee Volunteers ready all the time.

Ron Rostorfer knows he can always count on volunteers from the Sailing Club to staff the Race Committee. Mark and Kathy Buller are two that are leading the way. Over 5 times last year they donated their boat, time, fuel and race experiences making Ron's RC the best on the Bay. With nine years racing experience they always support the RC events with eagerness understanding the importance of a top notch Committee.

Come out and join them and the other volunteers on the race committee. There are jobs for the experienced and not so experienced. Your participation at the next RC events is guaranteed to be enjoyable. So, give Ron Rostorfer a call at (954) 696-8975. You might find you like to be a VOLUNTEER too!

Deborah Mitchell

Youth Sailing

Learn to sail-Weekends

The club held classes every weekend last month except for the weekend of the Arts Festival. The classes are growing at a great rate, and we are excited to see all the kids and their parents enjoying the club. The weather was very difficult between the severe thunderstorms and the cold fronts moving thru. But the classes had a great time learning the parts of the boat and basic maneuvers off the dock. The afternoon class was able to sail out to watch the Green Fleet course and to sail in heavy and light wind. These classes will continue all the way until the first weekend in May this year. If you would like to sign up a child or would like more information on the classes please contact the Sailing Director at 305-444-4571 ext. 11 or britt@cgsc.org. Here is the schedule for the next couple of months. Please remember classes could be cancelled due to weather and other conflicts.

Level 1	Level 2
Dates: April 1 st , 8 th , & 15 th April 22 nd , 29 th , & May 6	Dates: April 1 st , 8 th & 18 th April 22 nd , 29 th , & May 6 th
Times: 9:00am – 12:00pm	Times: 1:00pm – 4:00pm

Ransom Middle After - School

Ransom Everglades started a new session in last month for their Spring Semester. They are scheduled to come out twice a week on Mondays and Thursdays until the end of May. The kids, as in all our sessions, will be able to learn how to sail, in Prams and Sunfish, along with Kayaking and Echo trips. The kids will participate in several clean up's of the spoil islands. The kids participate every year in helping keep our bay clean. The program has been a great success so far again this year, and the kids are really enjoying this program. Classes have not started yet, so I am sorry I have not had time to tell some great stories.... Keep reading for next month's issue.

St. Stephens After-School

This is another great program where the kids come out to sail in Prams, learn to kayak and explore the spoil islands. This session we have decided to allow a younger group of kids to come out. Since this is a smaller session, we decided to try and see how well the 1st and 2nd graders liked the program. This program did have some interesting differences and obstacles to deal with. Because the kids are quite a bit smaller than our usual group, we allowed them to sail with partners and take turns being the captain. The attention span of our younger sailors is also shorter so we gave them group projects and partners to help with the rigging and de-rigging of their boats. The other good idea we found was having the older kids helps the little ones with the heavy stuff. This gave the older kids more responsibility, and allowed them to practice leadership skills. I will give a full report on the progress next month.

Miami- Dade County Public Schools

The club has been busy with the school system last month. We had several schools, including a couple first timers ,come out to participate in our learn to sail/ kayaking courses. I would like to welcome Miami Beach Senior High JROTC, and North Miami Beach ESE classes, along with welcoming back

Miami Beach ESE- Sailing off the dock



The bigger kids sail in a sunfish



Turner Tech High and Braddock Middle. The kids from the ESE classes were taught to sail in the Access Dinghies. The kids, who have been with the program since last December, were helping teach the new kids how to sail. They went out in partners and took turns driving the boat. The days we had light wind, the kids went out Kayaking and practiced their maneuvers off the dock.

Morning class- We create natural sailors.



A day at the Barnacle with Turner Tech High School

The school had requested a field trip to the Barnacle in the Grove thanks to Mr. Bender. We decided it would be an even bigger adventure if we made the kids kayak over and back. Since the Barnacle cannot allow anyone to come by water, we decided to figure out a way. I called up our neighbor Ransom Everglades High School and asked if we could use their



The Barnacle house and its history



Learning about the well and coral rocks

dock and walk to the Barnacle. It was a great experience for the kids to see what another school looks like and be able to kayak. Once we finished our journey



and finally reached our destination, our tour guide greeted us. We were given a private tour of the barnacle and we were shown some of the history of the Grove and the Monroe family who once lived there. We took a tour of the house, were shown inside the boathouse

along with several pictures of the boats he had built to sail in our Bay. The kids asked interesting questions and then we kayaked back to the club and had lunch. This was a great way to expose the kids to Biscayne Bay and its sailing history.

Easter Seals of Miami

The Easter Seal Organization came back to the club with a new group of kids to learn to sail last month. The kids were taught the basic parts of a pram, tacking, jibing and docking. The kids had a great time with the short time period we had. The CGSC and Easter Seals are working great together to expose children from all over south Florida sailing and Biscayne Bay. We are trying to bring out a new group of kids at least once every month until the end of the school year.

North Miami Beach Jr ROTC



Green Fleet Morning Chalk talk



Turner Tech have navigation lessons.

Annual Rendezvous in April, Your Club wants

YOU to help....

April 1st is the date for the Annual Rendezvous at Elliot Key. If you would like to help, the following is needed:

Boats to haul food and supplies, Cooks to help with the chowder, breakfast and BBQ

Organizers for children's (adult) events: Treasure/ Scavenger hunt? Bon fire builders

Bon Fire singers, and of course set up and clean up.

We hope that you will join us, it's a lot of fun and one of the Club premier events.

Marc Buller



Summer Camp 2006

For Kids ages 8-16

Sign up on the web at

www.cgsc.org

or call 305-444-4571 ext.11

Registration open to the public and all members



Two-week sessions from

May 29th- July 21st

and a one-week session from

July 24th- 29th

Prams, Optimists, Sunfish,

Flying Scots, & More!

Special Interest

Editor's note:

The Commodore's brother, Gust Stringos, recently retired from a medical practice in Maine and is spending a year sailing on his 36 foot Morris yacht, Bluebird. Gust and his wife Jan sailed from Maine to the Azores, then joined up with the ARC race from the Canaries to St. Lucia. Now they are volunteering at a hospital in St. Lucia before sailing back to Maine in the Spring.

Greetings from sunny St. Lucia! This is our second week at St. Jude Hospital, so a report is long overdue:

History: The hospital is 3 miles outside of Vieux Forte, a poor fishing/commercial port town at the Southern end of the island, away from the tourist developments in the North. The hospital was first built by the US Army during WWII, in anticipation of receiving casualties from the invasion of North Africa and Italy, this being one of the closest spots in the Americas to the Mediterranean Sea. Apparently, it was supposed to have been built in Trinidad, but, due to a code mixup, the construction crew landed here instead. In any case, it was never used, as the campaign was over before the hospital was finished. In the 1950's, it was used briefly as a base for tracking Russian communications, but reception was poor and the project abandoned. In the 1960's, it was acquired and rehabilitated by the Sisters of the Sorrowful Heart as a Catholic charity hospital. They began the tradition of recruiting foreign volunteers. As the number of sisters dwindled, it was taken over by the St. Lucia government as one of the two public hospitals on the island. A few sisters are still here and it retains its roots as a Catholic service institution.

Our setting: a sprawling 2 story brick and tile building with multiple wings and outbuildings, breezy open hallways, ward rooms ventilated with fresh air through windows screened against mosquitos (much less dense compared to Maine in June). We live in "The Dorm", which we share with the other volunteers. We have our own bedroom, but share a common room, bathroom and showers. The common room has a fridge, hotplate, and small library- just like being in college again. Some nights, it looks like the night before term exams, with everyone is hanging out and reading.

We are in a residential area. Cars cruise by with stereos booming, complementing the music wafting from small neighborhood bars- Country and Western seems as popular as reggae. It does quiet down at night. Goats, cows and ponies are tethered along the roadsides grazing, while chickens and dogs wander about freely. Exotic flowers grow in the ditches, coconuts tree, mangos and bananas in the vacant lots. At dawn, we wake to a cacaphony of roosters, songbirds, and cows that want to be milked.

Our Crew: most of the doctors are local. Most have gone to medical school in Cuba, and appear to have had excellent training there. Others have gone to the University of West Indies in Trinidad. A few are from India or other former English colonies. After a rotating internship, they progress through in-house training as "house officers", more or less equivalent to residency. Eventually, they can become "registered" and practice independently. To specialize, they have to seek training elsewhere. They have all been friendly and welcoming, and appreciate any updates that we can offer.

The volunteers are a diverse lot, in age, background and experience: Anna, a young dentist from Germany, with Tom and Tom, dentists from Chicago; Mona and Mohamed, medical

students from England; Daisy, a third-year pediatrics resident, and Tracy, an ER doc, both from Chicago; Kathy, a retired OB/GYN from Idaho, here for a year; Bill, a retired surgeon "promoted" to family practice- he's been here many times and seems to know everyone on the island; Jim, a orthopedic surgeon from Maryland. Most stay about a month, although a few specialist sometimes volunteer for a few weeks. Few people come during the summer.

Our work: The hospital is organized around the usual departments: a walk-in outpatient clinic, ER, surgery, medicine, pediatrics, OB/GYN, orthopedics, dental, as well as clinics for occasional specialist: ENT, urology, psychiatry, etc. . The hospital has about a hundred beds, but most seem not to be in active use. There are 2 operating theaters. The maternity ward is quite busy, with a half dozen deliveries a day. Caeserian Sections are relatively rare- women are attended by midwives and are allowed to labor as long as needed- "Failure to Progress" is a rare diagnosis. Pain control during labor: "Deal with it, girl". The nurses do give good emotional support. Women routinely have 8-9 children.

My own work is primarily in the outpatient clinic. It is amazingly similar to my practice in Skowhegan- the same common complaints and problems, with the occasional more exotic or dramatic disease thrown in. Because of the decreased (but not absent) availability of laboratory tests and x-rays, diagnosis are made clinically and empirically. Just as in Skowhegan, patients are aware and concerned about the costs of tests and medicines, which they usually have to pay out of their own pockets. There doesn't appear to be a medicare-type system for the elderly. Many have no pension or retirement plan, and rely on their children for support. As in the US, treatment of chronic diseases (Diabetes, heart disease, lung disease) takes up a lot of resources, and long-term management systems would be helpful.

In all, patients are very respectful and appreciative, but most of the volunteers would agree that we are getting more out of the experience than the patients are.

Fun: After work, those who can head for "The Reef", a very pleasant beach about 5 miles away. There is a small windsurfing/ kite surfing establishment there, with a nice cafe with wireless internet. The local people are here playing basketball, riding ponies down the beach, and generally enjoying the water. I've developed a sideline treating neck and back injuries among the surfing instructors in exchange for windsurfing lessons- yes, I'm riding now! On weekends, we have gone scuba diving, climbed the Piton mountains, and hiked through the rainforest in the center of the island. Tonight, we are being dragged (kicking and screaming) by the younger volunteers to the Karyoke (spelling?) Club- apparently it's very popular with the islanders, and will go on all night- we'll try to slip out early...

Well, that's enough for now. We are very happy to have come here and are again grateful to have this opportunity. Before we arrived we were very apprehensive, even a little afraid, of what we might be getting into- but it has been a great experience. I would encourage any health care professional with some time (a month or more) to consider volunteering here or somewhere else overseas. More information is available from Lucilia at stjudes@candw.lc

Cheers to all,
Gust

Cruising and Rendezvous

Due to those unpredictable Northern cold fronts our cruising and Rendezvous events in late January and February were held close to home and didn't involve sailing. The Miami Yacht Club rendezvous became a land event this year when the winds picked up making it difficult to head north to Watson Island. Both regular and social members met at their cozy bar, enjoyed drinks and dinner and ended the evening sharing birthday cake that Karen Young provided for Kit's birthday. No skinny dipping in their pool this year though.

Our Love Boat Dockside Rendezvous and Potluck was held Saturday, February 11th at the club. We got this one in on the eve of Miami's coldest blast from up north since 2003. As we sat sipping cosmos, Mai Tais and Pulsford's Famous Rum



Punch viewing a full moon rise over Miami, the folks up north were getting snowed in. New members Keith and Lori Werwick and Richard and Audrey James brought their beautiful boats (Island Packet 29 "Zen Moments" and Jeaneau 37 "A- Needa Margarita") to the dock and got acquainted with the regular cruising crowd. Thanks for sharing your boats with us.

We had an Abacos trip planning Friday, February 3. The meeting was well attended and we reviewed basic safety at sea items, including preparation of the vessel and personal safety. A copy of the list that we prepared and presented at the meeting is available per your request. Just email us and we will send it to you I hope you will find it a useful checklist of things to do as we get ready. The 2006 Abaco Cruising guide that Jaime recommended we get for our trip is available. It looks great - with lots of really good air photos to go with the charts, and as Jaime promised, they have every way point you will ever need, or want for the trip. Price is \$25 and can be ordered online from White Sound Press.

Our next Abacos meeting is scheduled for Friday, March 3rd at 7:00. We plan this meeting to be a "fun" event (prior to our serious sessions about navigation and navigation light recognition- two essential and critical elements of our preparation. So next time we'll kick back and enjoy some

Bahamian drinks - if we can encourage Hector and Sam to mix up a pitcher of - say - some Bahama Mamas - or maybe a Goombay Smash. We'll also review Bahamian culture, legends and lingo - that is unless we get "Kerpunkle'd Up", which I believe translates as - roughly "smashed".

Abacos Trip: Reminder - departure date for the trip to the Abacos is Saturday, May 13. Although we did not know it when we scheduled that date, it happens to be a full moon - which should make for a beautiful trip to West End and some beautiful nights in the Abacos.

Our Annual Progressive Dinner is scheduled for Saturday, March 18th. This was a very successful event last year and we hope everyone can join us again this year. The dinner takes place on several boats at the club and we each provide one course and drinks for 4 to 6 people. Engines not needed. Launch service will take us from one boat to the next. This event gives everyone a chance to visit several boats on the moorings and meet many great people at the club. If you don't have a boat but still want to participate, we can pair you up with someone who does. Social members and racers are welcome. Please call 305-441-2733 or email me jbpmom@aol.com in advance to sign up for a course and to volunteer your boat. (Appetizer, Soup/Salad, Main Course and Dessert.) This is one of the few RSVP events we plan.

Looking ahead to April. Our Annual Rendezvous is scheduled for April 1st weekend. Rear Commodore Marc Buller is in charge of this event with activities planned for the whole family. Get those anchors ready!

Janice Pruitt

Coconut Grove Waterfront Master Plan Update

The Sasaki firm held a meeting in the West Grove on February 16. They stated that they are still gathering "base information" but expect to be able to start developing preliminary alternative scenarios soon. The firm estimates that preliminary alternatives will be ready to bring to the public by the end of March. At that point, the master plan will enter the second phase wherein extensive feedback from the various community groups will be solicited. This phase will last approximately four months. This process will continue until the community has developed a preferred alternative. Then the planners will work out the steps needed to get this alternative in place. The process is estimated to extend well into the fall of 2006.

A website completely dedicated to the Coconut Grove Waterfront Master Plan has been created to provide project information and allow for public input. The website will contain meeting minutes, a preliminary time line, maps, and alternatives as developed. The website will offer the opportunity for public feedback and comments. The address is: <http://projects.sasaki.com/coconutgrove>.

Andrea Stringos

Social Committee Report

Hi all,
We had a nice turnout for the Valentines Social Night. Hearts and cupids hovered over tables set with red carnations, chocolate, candies and glitter as members and guests headed for the buffet table and Chef Sonia's delicious dinner of Chicken Parmesan topped off with Chocolate cake. Over the buzz of happy conversation could be hear the romantic sounds of Nat King Cole, Tony Bennett and other crooners of old romantic standards.

Clouds obscured the full moon, but they couldn't hide the mellow atmosphere of fellow members enjoying each other's company. A big thanks to Denise Schneider for loaning her CD of romantic favorites and helping with decoration and to Jo An Pszenny for help in cleanup.

How bout a "St. Paddy's Pub Night" Party on Friday March 17! We'll have a traditional Irish dinner and look for an Irish beer special. Bruce S. will loan a dart board and we will listen to the sounds of the Emerald Isle and the latest club blarney. The time will be at 7:00. Please sign up for the dinner.

Karen Ryan-Young



"St. Paddy's Pub Night" Friday, March 17, 7-10

Put on your green

Docksiders and come play
some darts, enjoy a traditional Irish
dinner and listen to the sounds of
the Emerald Isle



Im a little bit
Irish

and the latest
club blarney.
Reservations
required!
\$15.00/person

ANNOUNCEMENTS

Thanks!

Many thanks to Phil Kellett, Deborah Mitchell and Jo-An Pszenny for going above and beyond the call of duty these last few months while we've been looking for a new manager. Despite all the difficulties, you three have given tirelessly to the club. Bravo!

Adult Learn to Sail Schedule 2006

<u>Module 1</u>	<u>Module 2</u>	<u>Module 3</u>	<u>Module 4</u>
April 15 th	April 16 th	N/A	N/A
May 6 th	May 7 th	N/A	May 2
		March 12 th	

Please call the sailing Director at 305-444-4571 ext. 11 or email britt@cgsc.org to sign up for any of the classes listed.

Crew Opportunities at the Coconut Grove Sailing Club

CGSC is a community of sailors who own a variety of boats from small day sailors to expensive racing boats. Many of us need crew for day sailing, cruising and racing and we are more than happy to have both experienced and inexperienced sailors as guests.

If you are a member with boat and need crew send details to the manager@cgsc.org and if possible include a picture of the boat. Take a look at our website, see the pull down menu on the left side of our Home Page. You will find members have offered their boats to share the amateur sport of sailing with others.

If you don't have a boat and would like to crew, send an email to manager@cgsc.org giving your name, email address, telephone number and experience level and the Manager will put you on the crewing list. Remember we all started somewhere, so don't worry if you are inexperienced.

Deborah A. Mitchell

Donate Your Old Sails

I am collecting unwanted sails to deliver to fishermen on the Northern shore of Haiti. They build their own sailboats and commonly fashion makeshift sails from old flour bags, clothing, and plastic bags. Donated sails in virtually any condition would be useful. The improved materials would allow for less sail maintenance and more efficient fishing. Donations are tax-deductible. Pick-up can be arranged. Call me at (305) 321-8273, or email m.carcaise@umiami.edu

Thank you,
Michael Carcaise
UM Sailing Team Member

Want to get your Level 1 Small boat Instructor Certification?

We still need at least 6-10 people to sign up to have a course. If you are interested please call Britt Price at 305-444-4571 ext. 11, or email her at britt@cgsc.org.

Optimist; Team Travel to St. Petersburg for the Valentine; Day Regatta

There's nothing like waking up in St. Petersburg to the sun shining, sailboats being rigged, competitors mingling and coaches briefing. Regatta day has finally come. The team of keen CGSC sailors arrived bright and early; registering and reading their Sailing Instructions, then the pep talks with their coaches. While waiting in line to drop their boats into the water Ben and Adam Incera and Roy Howie, edged off the nerve of their first ever regatta, with guidance from Vaughn Harrison, the green fleet coach. Nick, the blue fleet coach, checked riggings and equipment with Max Kohrman and Alex Bejarano to keep their confidence high and un-doubtful.

The first race was a mixture of events. The gold fleet sent off two packs of over 70 boats in each, while the silver fleet banged off a race of 50 boats. In each of the fleets, the competition was big! It took a couple of legs around the course for the CGSC boys to get the jitters out. At around this time, the wind began to surge through, pumping gusts onto the course of about 10-15 knots. The silver fleet was falling apart - our boys managed to do the unexpected. While passing capsized boats and struggling to keep their own afloat, Ben, Adam, Roy and Max sprinted to the finish line. What a thrill to finally finish the race!

After sending the silver fleet in, the regatta continued to run. The wind was filling in at the expected 20 knots. The gold fleet was still going strong. By the end of the second race, competitors began to head in from exhaustion and cold. Alex decided it wasn't his time yet - his confidence was gleaming and he seemed like the conditions didn't even bother him. Finishing every race, Alex looked like one of the more persistent competitors, whether fighting to keep his boat upright, or frantically bailing to continue his climb upwind. Over the radio, a frequently used phrase was "Coach Boat to Race Committee - the following boat is being retired -." Optis were constantly leaving the racecourse. The CGSC coach boat followed Alex around the course, giving him the support he needed to finish the last race. It was unarguably a long day of hard work, topped off with a well-deserved regatta venue meal.

News of the cold front moving over Western Florida kept everyone on their toes the next morning. A lot of doubtful thoughts emerged throughout the boat yard as the winds were still going strong from the day before and the chilling

breeze bringing the temperature down to the low 60's. The silver fleet was abandoned but the gold was still a go. The winds had shifted almost 180 degrees, coming down the coast and shifting off of the land making for very difficult conditions to compete. After a noticeable uneasiness on land due to a minor muscle injury the day before, Alex set his new goal to completing the first race. He did so, and a good job considering a lot of the competitors decided against sailing in the heavy wind conditions. He headed in for the day, and the weekend. After packing up the trailers and debriefing the regatta, everyone decided that even though the conditions were tough, the weekend was successful. The parents, kids and coaches all enjoyed their stay in St. Petersburg and can't wait for the next trip!!

Vaughn Harrison


Help us spread the word about this great program! Please contact me or give my telephone number to anyone who may be interested.

Antonio Bejarano

CELL 305-588-0084

Antonio1bejarano@aol.com





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2006 (XXXVII ANNUAL) COMODORO RASCO SNIPE REGATTA REPORT

16 Snipes competed for the 37th ANNUAL COMODORO RASCO SNIPE REGATTA, hosted by the COCONUT GROVE SAILING CLUB and MIAMI SNIPE FLEET # 7 and sailed February 4 and 5, 2006. Eric Reinke and John Kehoe (Yes, Eric is son of Dick Reinke, CGSC famous RC Chairman in the 90's) won the regatta by a margin of 2.5 points over Ernesto Rodriguez and Merrill Varn. The Aicardi Fleet trophy was awarded to George Gibbs and Emilie Howland from St. Augustine, FL. This trophy is awarded to the Snipe Sailor finishing in mid-fleet with a green crew.

The regatta started Friday with a bunch of boats arriving to the Club for rigging and some trial sailing. An approaching storm on Saturday prevented the Fleet from racing so boats were pulled out of the water and the Fleet and RC headed early to the Lasagna dinner at Carmen's. Nobody was disappointed after the "Traditional Rasco Party" with home made Lasagna, salad, wine, Cuban deserts and Snipe racing videotapes (2005 Ron Payne Memorial) that showed some "tricks" from our our best sailors.

Sunday turned out to be a perfect day and the Race Committee was able to run 4 perfect races (windward/leeward courses). Winds were from the West/Northwest 10 to 15 with pretty big shifts that made the racing very interesting and gave the RC a headache. By 3PM Sunday CGSC Commodore Andrea Stringos presented trophies to the winners (First 3 in the Rasco and the Aicardi Fleet winner, skippers and crews). After the trophy Presentation we all sang "LABOMBA" to the first 3 crews and the Aircardi winner (George did not drink enough!)

Kudos to the Coconut Grove Sailing Club Race Committee with Wil Bourne, PRO, using his "Proper Lady II" Signal Boat with crew Tricia Reeder, Jo Ann Mathieu, Susan Walcutt, Ann Platt and Katie Reeder. Mark Boat and Pin Boat skippers and crews Bruce Schneider, Carl Updyke, Dennis Jansma, Bernie Meier, Karen Young and Melinda Smith. Thanks to Carmen for the Traditional Rasco Party and a wonderful LASAGNA DINNER. Snipe sailor, come back next year!

Gonzalo Diaz, Sr.
Regatta Chairman.



A salute from the "Old Man", Gonzalo Diaz to Commodore Andrea Stringos just before trophy presentations.



George Gibbs and crew from St. Augustine Florida winner of the Aicardi Fleet.



Second place Ernesto Rodriguez and Merrill Varn.

The winners are Eric Reinke and John Kehoe.



Comodoro Rasco Series Final

Pos	Sail	Skipper/Crew	1	2	3	4	Total Points	Pos
1	30391	Reinke, Eric/Kehoe, John	7	2	4	6	19	1
2	30364	Rodriguez, Ernesto/Varn, Merrill	0.75	18/OCS	0.75	2	21.5	2
3	30089	Commette, Peter/Commette, Sheehan	6	18/OCS	2	0.75	26.75	3
4	8653	Gilreath, Hal/Company, Jordi	2	18/OCS	5	5	30	4
5	28814	Voss, Nick/Rahn, Andy	3	18/OCS	6	3	30	5
6	29778	Yanez, Jorge/Cabrera, Guillermo	13	3	8	8	32.00	6
7	29992	Diaz Sr, Gonzalo/Fernandez, Marcelo	4	18/OCS	3	13	38	7
8	29995	Diaz, Gonzo/Fang, Grace	8	0.75	16/RAF	16/RAF	40.75	8
9	30111	Gibbs, George/Howland, Emilie	12	18/OCS	7	7	44	9
10	29511	Yanez, Juan/Cabrera, Camilo	11	18/OCS	9	10	48	10
11	29963	Crivello, Gonzalo/Harrison, David	9	18/OCS	18/OCS	4	49	11
12	30323	Gingras, Paul/Gingras, Sally	5	18/OCS	11	15	49	12
13	28466	Baker, Robin/Plitt, Janet	14	18/OCS	10	11	53	13
14	30236	Voss, Ken/Voss, Kay	15	18/OCS	13	9	55	14
15	30223	Fox, Nancy/Fox, John	16	18/OCS	12	12	58	15
16	28812	Crivello, Gustavo/Swerdloff, Alex	10	18/OCS	18/OCS	14	60	16
17T	2995	Schoenberg, Bill/Hiebert, David	18/DNC	18/DNC	18/DNC	18/DNC	72.00T	17T
17T	26486	Martinez, Guillermo/Gonzalez, Emanuel	18/DNC	18/DNC	18/DNC	18/DNC	72.00T	17T



Junior Racing at St. Pete

Despite our low number of sailors in our Junior Racing program, 13 green and 2 blue, our club was represented by 6 sailors. The last minute call from Nicky Sacks with influenza reduced the team to 5 courageous skippers whom after going through the first race on Saturday, they felt frustrated because the regatta was cancelled for the Silver division (less experienced Green, Blue, White and Red grouped together). What an attitude! The St. Pete's Valentine's Regatta was indeed eventful.... On Saturday, 2/11, winds were gusting at 25 knots. Our CGSC sailors (Blue and Green) survived the weather conditions without too many complaints. Our green fleet sailors, Max Kohrman, Roy Howie and Adam and Ben Incera, were not affected by these conditions and pretty much enjoyed themselves during the one and only race. Alex Bejarano was in 74th place out of 134 sailors after the first and only three races on Saturday for the Gold division. The SPYC honored all sailors (198) to an Italian buffet on the house and a nice raffle for the kids, also on the house. I guess they may have felt guilty for their weather.

On Sunday, 2/12, the day started out overcast and winds

What's on the Horizon for Coconut Grove

Sun Post Forum to discuss the "New Face of the Grove"

Social Night March 14

We will have speakers from various areas such as the Coconut Grove Sailing Club, Playhouse, Grand Bay Hotel (under new ownership), and Business Improvement District of Coconut Grove.

March – April 2006 Racing Schedule

March 4	"Round the Island Race" - KBYC
March 5-10	Star Bacardi Cup – CRYC
March 9-12	Miami Race Week – Ocean Racing – Miami Beach
March 10-12	Miami Race Week – Bay Racing
March 14-15	Lightning Midwinters – CRYC
March 18-19	CORAL CUP (Women) – CGSC
March 25	BBYRA PHRF #4 – CGSC
March 26	BBYRA OD #4 – BBYC
March 31-Apr 2	Don Q Rum Snipe Regatta – CGSC
April 1-2	Star District Championships – CRYC
April 8	Nancy Hughes Cup Regatta – CRYC
April 14-15	Annual SE Dinghy Championship
April 22	Annual Sunburn Regatta – BBYRA OD #5 – BBYC
April 23	Annual Sunburn Regatta – BBYRA PHRF #5 – BBYC
April 29	Miami to Key Largo Race – MYC
April 29	Ron Payne Memorial Snipe Regatta – Lauderdale YC

were about 20 knots maintained and gusts of up to 25 and a temperature of around 48 degrees. (I heard the wind whistling against the masts of the sailboats anchored in the sailing center, thus, I believe the gusts were closer to 30 knots than to 25). It was determined by the St. Pete's officials that the Silver Division was not to go out and battle the wind and the waves, however, the Gold Division sailors went out. Additionally, to worsen the situation, the tide was going in the opposite direction than the wind. Our Blue fleet sailor, Alex Bejarano, finished one race but could not take the cold and the waves and came back in. His spirit was not dampened and he is looking forward to going back to St. Peter in 2007. The classification numbers are not yet posted. There were so many skippers abandoning that the radio calls to the RC boat were almost continuous. They had two races and cancelled the third one. I believe there were two cases of hypothermia.

Just last week, due to the warm winter months we have been experiencing, I was ready to agree with the environmentalists in the global warming theory. After this weekend in St, Petersburg and tonight (2/13) expected temperatures of 38 degrees and freeze warning I have my doubts.

In summary, everybody from the CGSC had a lot of fun and a lot of stories to tell.

I believe we, the parents (3 of them) made the local news by going out on a 10 feet inflatable. Obviously, it was only for half an hour, which was sufficient time to get wet and realize that it had to be a better way. If by now you did not get the picture of how bad the weather was, let me tell you that after the first race on Sunday, they were looking for volunteers to help on safety boats and they could not find any.

Tony Bejarano

CGSC sailors win Nassau Cup

CGSC member Wilfredo Paredes' Benatau 411 SunQuest won the Nassau Cup with a corrected time of 17:47:45 racing 172 miles from Miami to Nassau, Bahamas, with crew CGSC members Art Auwaerter, Michael Miller, and Terry Peters, along with John Lowe. The uncorrected time was 24:02.

The race was sailed in favorable, heavy weather conditions. Starting at 09:05am February 11 on a starboard tack in 20 knot winds from the south, SunQuest reached across the Gulf Stream to round Great Isaac in waning light. With the wind still to the south and abeam, SunQuest reached all night under a single reefed main and double reefed jib in 25-28 knot winds, frequently racing at 9+ knots. Rounding the Berry Islands, SunQuest footed off a notch to maintain speed, hoping for the predicted cold front to come through along with an anticipated shift of winds to the west. At 8am the front arrived abruptly with the shift—within seconds, and accompanied by rain that flattened the seas, the wind swung from SW to NW and gusted to 35knots, allowing SunQuest to point directly at the finish line on a broad reach. Minutes from the finish a very polite request resulted in the Bahamian cargo ship "MailBoat" altering its otherwise collision course to allow SunQuest to squeak by and, never having had to tack the entire way, SunQuest crossed the finish line at 09:07 am Sunday, February 12.

Social Membership

is available to City of Miami Residents and City of Miami Employees. This membership is valid

Jan 1 through Dec 31, 2006
and is renewable on an annual basis.

Please inquire at the club for details
or call the office at 305-444-4571

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Month 2

1972 Morgan 27 For Sale. Good Condition. Numerous sails including spinnaker, race or cruise ready. Swim ladder, outboard motor, porta potty, VHF. Steal at \$5,500.00 On mooring at CGSC. Call Rich Power @ 786-205-4921

Month 3

OUTBOARD MOTOR FOR SALE: Environmentally friendly Honda 4 Stroke 2 HP outboard motor, Air Cooled, weighs only 30 pounds, centrifugal clutch model...this version new is valued at \$920. This 2002/03 Engine has very light use. Asking only \$600. Call Jennifer, 305-807-1484, or Joe, 305-968-2426.

1983 CATALINA 27" LONG SHOT" Many extras including VHS, GPS chart plotter, auto helm, roller furling. Price: \$8000 or best offer Located Coconut Grove Sailing Club Contact: Jerry Stein- H. 561-627-5884 C. 305-775-0786- email- gstein21@aol.com

SNIPES FOR SALE OR RENT: Miami Snipe Fleet #7 (Chartered in 1932) Fleet is willing to help the new members to get fast and further develop their boat handling, tactical and boat tuning skills. It is a boat for young and old! Call Gonzalo Diaz, Sr. and join the Miami Snipe Fleet. 305-667-0492 (best 8-10PM) Work: 305-702-8526 (best 4-6PM)

Classified Advertising Policy Classified advertising is for club members in good standing and is limited to personally owned items that are for sale. Ads will be run for 3 months and then will be dropped from the listing, unless the advertiser notifies the Editor to renew for another 3 months. Classified ads should be sent to cebranning@bellsouth.net. A classified ad can be pulled at any time by calling the Editor at (305) 661-2322 or sending an email to the above address..

Deadline: All Ads, articles and pictures for The Channel must be received by the 15th of the month. Please send articles and ads as a Word document and pictures as jpeg attachments to cebranning@bellsouth.net.

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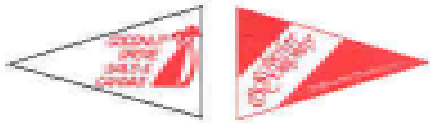
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New Members Welcomed Aboard

The New Member Wine Tasting held February 10th was a great success. Membership Committee members Cathy Buller, Carle Hamm, Janice Pruett and Jennifer Wirth created a lovely venue in the party room for a fun evening. Alan Pruett set up a slide show of Rendezvous events to tempt new members to join the fun that the Rendezvous



sampling some fine wines, they learned from Committee Chairs about all the



Committee offers.

About forty people mingled and enjoyed meeting and getting to know new members, board members, and long time members. After

opportunities for fun that being a member of the Coconut Grove Sailing Club has to offer and then signed up for committees

that interested them.

There are lots of opportunities to participate and help with events on a one time or on going basis so if you were not able to attend and would like to participate in some every exciting upcoming events, please contact the people listed below and get ready for some fun.

Western Hemisphere Snipe Regatta to be held October 21 - 27, 2006 Kay Kilpatrick kkilpatrick@rsmas.miami.edu

2007 Florida Opti Championship Regatta to be held Spring 2007 - Larry Arrington larrington@mcharry.com

Race Committee on going throughout the year - Ron Rostorfer ronsailon@comcast.net

Rendezvous Committee Abacos Cruise leaving May 13th One to three week cruise. Crew members as well as boats welcome. - Janice Pruett jbpmom@aol.com

Look in Channel and on our website cgsc.org for our next quarterly New Member Welcome Party at the end of June.

Marty Ward
Membership Chair
marty@bollmanyachts.com
954-732-1112



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